

September 2022



varEmail

Dear varTitle varFirstName varLastName,

Today we live in a world where our thoughts and actions, our life's decisions, are influenced by the media and those around us. Whether consciously or unconsciously, we often live in the moment.

How can we break free from this lure that has become habitual? It is not easy to turn it off. That in part would mean distancing ourselves from those around us because many are connected.

How about spending time in reflection and meditation, in prayer? Great idea! The best idea! Easy for those from which it comes naturally. No really, how can I, we, refocus some of our time for prayer, reflection, and meditation... that leads us to better thoughts and actions. Thoughts and actions that are saintly!

As Catholic's, we celebrate the lives of our saints and feast days which presents perfect opportunities to carpe diem. Commemorating the lives of the saints and being better in our own lives about living the life of a saint, by our thoughts and actions, will help us towards our ultimate goal - eternal life with God, our Creator, and Jesus, our Lord and Savior. And of course, the saints.

At St. E's, we are reinvigorating our community outreach to the poor and needy through the Society of St. Vincent de Paul. For this reason, St. Vincent de Paul is the perfect saint to recognize in our letter to you. St. VdP's memorial day is on September 27th. St. Vincent is recognized by many as "The Apostle of Charity" and "The Father of the Poor." Having grown up in a poor peasant family in a French Village, he witnessed it and lived it. He received his formal education from the Franciscans and later continued his education in Rome. Today his legacy lives on internationally through the Vincentians and laypeople.

By learning about St. VdP and mediating on the words in the Letter of James, in particular James 2:14-26, God's word is revealed about Faith and Works. So also faith of itself, if it does not involve works, is dead. Indeed someone may say, "You have faith and I have works." Demonstrate your faith to me without works, and I will demonstrate my faith to you from my works. James 2:17-18 Let us internalize the lives of the saints that we celebrate, that we may strengthen our hunger for a saintly life.

We, the Men of Action - St. Elizabeth Ann Seton Parish, are praying for you and a saintly life. God Bless!

Your brothers in Christ,

St. Elizabeth Ann Seton Men of Action